# Syllabus Checklist to Support Student Belonging and Achievement

# 

# Organized by Syllabus Sections

Thomas, R. C. (2025). Syllabus checklist to support student belonging and achievement. MIT Teaching + Learning Lab. <u>https://tll.mit.edu/syllabus-checklist-landing/</u> <u>CC BY SA 4.0</u> © • •

## Contents

Overview 1				
Syllabus Sections				
Pedagogical Principles				
Checklists				
Learning outcomes and course descriptions				
Assessments 5				
Class activities and participation6				
Course policies				
Student-instructor Interactions (office hours, etc.)				
Throughout syllabus8				
Resources 9				
References				

# **Overview**

For instructors, developing a syllabus involves key decisions about course priorities, sequencing, assessments, policies, and contingency planning. It also plays a critical role in shaping students' first impressions of a course, the instructor, and their likelihood of success.

This syllabus checklist serves as a guide for constructing and revising course

design, assessments, teaching practices, and policies, with many principles extending to other course communication tools.

The checklist is adapted from a rubric by the Teaching + Learning Lab, grounded in research on STEM education, learning sciences, and higher education, and informed by the University of Michigan's Center for Research on Learning and Teaching framework. For more information about the important role of the syllabus and existing scholarly research, visit <u>Syllabus</u> <u>Checklist to Support Student Belonging & Achievement</u>.

# **Syllabus Sections**

The checklists in this document are organized by **syllabus section**. If you would prefer to view them organized by their underlying pedagogical principles, download this <u>version</u>.

This organization of the checklist provides a streamlined approach to evaluating where to focus revision efforts with the ability to go section-by-section during revision.

- 1. Learning outcomes and assessments include the course description, learning objectives or outcomes, as well as the descriptions of the various assessments (exams, homework, projects, and papers).
- 2. Class activities / participation includes descriptions of what will occur during the class sessions, including how students will engage with the course concepts/ skills and with other students during class activities.
- Course Policies include guidelines for class attendance, participation, collaboration, accommodations, academic integrity, and the use of generative AI, among others.
- 4. Student-instructor interactions include descriptions of how students will interact with instructor(s) in class/lab/recitations, in office hours, and in other opportunities for students to get help outside of class and lab sessions.
- 5. Throughout syllabus highlights characteristics of syllabi that are likely to occur in multiple and/or varied sections of the syllabus. For example, the syllabus may include a description of how coursework is relevant in career and life contexts in the course description, the assessments, class activities, and/or collaboration policies.



Illii

# **Pedagogical Principles**

To Support Student Belonging & Achievement

# Transparency & Purpose

Transparency involves clearly communicating why students are learning course concepts and skills and how you designed the activities and assessments to help them learn. Many academic contexts are guided by a "hidden curriculum" of unspoken norms and tacit expectations that inform how students navigate courses as well as interactions with their peers and instructors (Jackson, 1968; Gable, 2021; Rabah, 2012). Clear communication of norms and expectations is one way to make the "hidden curriculum" visible, which can be particularly helpful for those who lack the academic background or social capital to inform them, implicitly, of how to navigate academic contexts and succeed in their coursework.

Communicating the purpose of learning is a critical component of transparency. Students can see the value in their coursework when instructors communicate how particular activities and assignments come together to help them achieve the learning outcomes and build crucial skills for future classes or careers (Canning & Harackiewicz, 2015; Harackiewicz et al., 2016).

# Structured Support

Structured support describes a systemic approach to designing assessments and learning activities that guide students through targeted practice with key concepts and skills (e.g., active learning). It also describes strategies that support equitable opportunities for students to participate and interact in the classroom.

Student achievement increases with more class structure, particularly for students whose identities have been historically excluded and underserved in higher education (Theobald et al., 2020). In more structured courses, students spend more time preparing for class and feel a greater sense of community in the classroom (Eddy & Hogan, 2014) than they do in less structured courses.

# Community & Belonging

Academic belonging refers to students' sense of being accepted, valued, and encouraged by others in the academic classroom as well as their sense of connection to the discipline (Rainey et al., 2018).

The syllabus can support a sense of belonging by highlighting the relevance of the coursework and by communicating opportunities for students to build relationships with peers and with the instructor(s) and teaching staff. When students feel that they belong in an academic context, they are more likely to show up for class, engage with classmates and instructors (Wilson et al., 2014; Zumbrunn et al., 2015), feel academic confidence, and be motivated to persist in challenging learning tasks (Walton & Cohen, 2011).

Each of the checklists on the following pages is labeled with an icon that denotes the pedagogical principles on which it is based:

Transparency & Purpose 🗐 Structured Support 📇 Community & Belonging 🙀

If you have any questions or concerns about the checklist or how to implement these practices in your syllabus, the Teaching + Learning Lab staff are happy to help. Please reach out to us at tll@mit.edu to set up a meeting. **Note:** You do not need to check off every box to develop an effective syllabus; consider your disciplinary and individual priorities, pedagogical values, and teaching contexts to determine the incremental changes to make to your syllabi this semester.

#### Learning outcomes and course descriptions

Highlights relevance of coursework to career and life-oriented contexts 👔

Defines specific, measurable learning goals for the course

#### Assessments

Explains how assessments measure student knowledge and skills that are linked to learning outcomes (i.e., alignment)

Explains the purpose of major assessments, referring to disciplinerelevant knowledge and skills

Articulates how assessments will be graded with criteria, <u>rubrics</u>, or exemplars

Employs <u>low-stakes class activities and/or assessments</u> that provide students with feedback on their own learning

Embeds opportunities to revise or improve on assessments, based on feedback

Employs a variety of assessments that draw on different skills for students to showcase their learning

Builds in opportunities for student choice in assessments (e.g., multiple options for topics or modalities for assignments, optional opportunities for instructor or peer feedback on drafts)

Includes tips and concrete strategies on how to succeed in the course, which may include external tools and campus resources (Note: these may be embedded throughout the syllabus or in the assessment descriptions)

#### Examples:

97 	Transparency & Purpose:	https://bit.ly/3DKHjx6
	Structured Support:	https://bit.ly/41YFPsq
	Community & Belonging:	https://bit.ly/41MKmgg

#### **Class activities and participation**

Describes guided activities that help students prepare for class (e.g., guided reading questions, preparatory homework)				
Clearly and concretely explains typical class sessions and how/if students are expected to participate in class activities				
Clear expec learni	ly explains why participatio sted), linking participation w ng outcomes and/or its rele	n is important (if participation is vith successful learning of intended evance as a disciplinary skill		
Describes multiple, specific ways that students can participate in class (e.g., paired and large group discussions, polling, etc.)				
Describes class activities that allow students to practice with concepts and skills that align with learning outcomes and/or assessments				
Describes opportunities for students to interact as peers and/or identify shared interests in subject content				
Describes learning activities and/or assessments in which students collaborate				
Acknowledges the value of students learning from one another 🙀				
Provides opportunities for students to reflect on the value of their work with other students, particularly if collaboration is expected				
Exam	nples:			
17 17	Transparency & Purpose:	https://bit.ly/4htKalw		
<b>A</b>	Structured Support:	https://bit.ly/4kNrwyf		
	Community & Belonging:	https://bit.ly/3DKMWel		

### **Course policies**



#### Examples:

**Throughout syllabus** 

Transparency & Purpose:	https://bit.ly/3XK4Wg0
-------------------------	------------------------

- Structured Support: https://bit.ly/4iK9HhN
- Community & Belonging: https://bit.ly/4hvzB7Q

Highlights relevance of coursework to career and life-oriented contexts 🕋

Explicitly acknowledges and affirms students' different identities, experiences, strengths, and needs 

- Explicitly acknowledges and affirms the value of considering and/or sharing different viewpoints
- Describes diversity as an asset in the classroom
- Articulates that they will be responsive by seeking and addressing feedback from students on their learning experiences and needs
- Includes tips and concrete strategies on how to succeed in the course, which may include external tools and campus resources

#### Examples:

- - Transparency & Purpose: https://bit.ly/3DKHjx6
- https://bit.ly/4iiP7Fs Community & Belonging

Piazza) 🎮

### Resources

#### General

Equity-Focused Teaching | Center for Research on Learning & Teaching at U-M (CRLT)

#### Transparency & Purpose

<u>Transparent Assignment Design Template for Teachers</u> | TILT Higher Ed <u>Checklist\* for Designing Transparent Assignments</u> | TILT Higher Ed <u>Where to Start: Backward Design</u> | TLL How to Use Rubrics | TLL

#### Structured Support

Assess for Learning | TLL How to Give Feedback | TLL

#### **Community and Belonging**

Mid-Semester Formative Feedback | TLL

# References

- Canning, E. A., & Harackiewicz, J. M. (2015). Teach it, don't preach it: The differential effects of directly-communicated and self-generated utility-value information. *Motivation Science*, 1(1), 47 71. https://doi.org/10.1037/mot0000015
- Eddy, S. L., & Hogan, K. A. (2014). Getting under the hood: How and for whom does increasing course structure work? *CBE—Life Sciences Education*, 13(3), 453–468. <u>https://doi.org/10.1187/cbe.14-03-0050</u>
- Felten, P., & Lambert, L. M. (2020). *Relationship-rich education: How human connections drive success in college*. Johns Hopkins University Press.
- Gable, R. (2021). *The Hidden Curriculum: First generation students at legacy universities*. Princeton University Press.
- Harackiewicz, J. M., Canning, E. A., Tibbetts, Y., Priniski, S. J., & Hyde, J. S. (2016). Closing achievement gaps with a utility-value intervention: Disentangling race and social class. *Journal of personality and social psychology*, 111(5), 745. <u>https://psycnet.apa.org/ doi/10.1037/pspp0000075</u>

Jackson, P. W. (1968). Life in classrooms. New York: Holt, Rinehart, & Winston

- Rabah, I. (2012). The influence of assessment in constructing a hidden curriculum in higher education: Can self and peer assessment bridge the gap between the formal and the hidden curriculum? International Journal of Humanities and Social Science, 2(11). http://www. ijhssnet.com/journals/Vol\_2\_No\_11\_June\_2012/26.pdf
- Rainey, K., Dancy, M., Mickelson, R., Stearns, E., & Moller, S. (2018). Race and gender differences in how sense of belonging influences decisions to major in STEM. *International Journal of STEM Education*, 5(1). <u>https://doi.org/10.1186/s40594-018-0115-6</u>
- Theobald, E. J., Hill, M. J., Tran, E., Agrawal, S., Arroyo, E. N., Behling, S., Chambwe, N., Cintrón, D. L., Cooper, J. D., Dunster, G., Grummer, J. A., Hennessey, K. M., Hsiao, J., Iranon, N. N., Jones, L., Jordt, H., Keller, M., Lacey, M. E., Littlefield, C. E., . . . Freeman, S. (2020). Active learning narrows achievement gaps for underrepresented students in undergraduate science, technology, engineering, and math. *Proceedings of the National Academy of Sciences of the United States of America*, 117(12), 6476–6483. https://doi.org/10.1073/pnas.1916903117
- Walton, G.M., & Cohen, G.L. (2011). A Brief Social-Belonging Intervention Improves Academic and Health Outcomes of Minority Students. *Science*, 331(6023), 1447-1451. <u>https://doi.org10.1126/science.1198364</u>
- Wilson, D., Jones, D., Bocell, F., Crawford, J., Kim, M. J., Veilleux, N., Floyd-Smith, T., Bates, R., & Plett, M. (2015). Belonging and academic engagement among undergraduate STEM students: a multi-institutional study. *Research in Higher Education*, 56(7), 750–776. https:// doi.org/10.1007/s11162-015-9367-x
- Winkelmes, M. A., Bernacki, M., Butler, J., Zochowski, M., Golanics, J., & Weavil, K. H. (2016). A Teaching Intervention that Increases Underserved College Students' Success. *Peer Review*, 18.
- Zumbrunn, S., McKim, C., Buhs, E., & Hawley, L. R. (2014). Support, belonging, motivation, and engagement in the college classroom: a mixed method study. *Instructional Science*, 42(5), 661–684. <u>https://doi.org/10.1007/s11251-014-9310-0</u>



MIT Teaching + Learning Lab Office of the Vice Chancellor 400 Main Street Room E19-611 Cambridge, MA 02142 tll@mit.edu

Syllabus checklist to support student belonging and achievement. © 2025 by Ruthann Thomas, MIT Teaching + Learning Lab is licensed under CC BY-SA 4.0. To view a copy of this license, visit https://creativecommons. org/licenses/by-sa/4.0/